



COUNTY OF SAN DIEGO Vector Control Program

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San Diego, CA 92123
(858) 694-2888 | vector@sdcounty.ca.gov
www.sdcounty.ca.gov

FIGHT theBite

PROTECT YOURSELF, YOUR FAMILY AND YOUR NEIGHBORHOOD



West Nile Virus

Get the facts and join the fight!

For more info, call (858) 694-2888

or visit **SDFightTheBite.com**

7-28/30,000



SDFightTheBite.com

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Prevent!

STOP MOSQUITO BREEDING

Mosquitoes need less than ½ inch of water to lay their eggs

To prevent breeding:

- Dump out standing water in buckets, watering cans, trash cans, etc. at least once a week
- Change water in birdbaths and fountains weekly
- Keep gutters clean and free from water build-up
- Add mosquito fish to backyard ponds – mosquito fish are available free from San Diego County Vector Control. Call (858) 694-2888

(See the diagram on the reverse side)

Protect!

KEEP MOSQUITOES FROM BITING

- Use a mosquito repellent at dawn and dusk
- Wear long sleeves and long pants outside whenever possible – especially at dawn and dusk when mosquitoes are most active
- Check for and repair holes in window and door screens often
- Repellents containing DEET, Oil of Lemon Eucalyptus, IR3535, and Picaridin are effective and safe for everyone more than two months old

Report!

STOP OUTBREAKS BEFORE THEY START

- **DEAD BIRDS**
such as crows, hawks and jays to be tested for West Nile virus
- **GREEN SWIMMING POOLS**
and other standing water in your neighborhood. We treat them free of charge – and you can report anonymously
- **MOSQUITOES**
treatment for mosquitoes is free

Text PEST to 75309 to receive community health alerts on your mobile phone or visit our mobile website at **sdvector.mobi**

BEAT WEST NILE VIRUS

5 EASY WAYS TO FIGHT THE BITE

- 1** Apply mosquito repellent before you go outdoors – especially at dawn and dusk
- 2** Wear long sleeves and long pants outdoors – especially at dawn and dusk
- 3** Report dead birds (crows, hawks and jays) to Vector Control
- 4** Check for standing water outside your home once a week
- 5** Call Vector Control to get free mosquito fish for green pools, ponds and fountains (858) 694-2888

